



2018 RECREATIONAL PROGRAMS			
	Winter # 1, 2019	Starts : Jan 7th, 2019 Ends : March 3rd, 2019	No Classes on: Monday, February 18th, 2019: FAMILY DAY *** Only 7 classes on Mondays ***
	Winter # 2, 2019	Starts : March 4th, 2019 Ends : May 5th, 2019	No Classes on: MARCH BREAK: March 25th - March 31st Friday, April 19th, 2019: GOOD FRIDAY Sunday, April 21st, 2019: EASTER *** Only 7 classes on Fridays & Sundays ***
	Prices listed below do not include GST		

Champions Gymnastics Membership Fee: \$55.00 or \$65.00 including GST (valid July 1st 2018-June 30th 2019) depending on class type. Ask about our membership discounts!

CLASS SCHEDULE

PROGRAMS	COST/ 8 wks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Babynastics 3mths-1.5yrs *Co-Ed 45 min class	\$116.00		9-9:45					
Parent & Tot Intro (Only 1 parent/child) 1.5 - 2.5 yrs & parent *Co-Ed 45 min class	\$116.00	10:45-11:30	9:45-10:30			6-6:45	9:15-10 10-10:45 11-11:45	
Parent & Tot (Only 1 parent/child) 2.5 - 3.5 yrs & parent *Co-Ed 1 hr class	\$153.00		5:30-6:30				9-10 10-11	9-10
Parent & Tot Advanced (Only 1 parent/child) 3 - 4 yrs & parent *Co-Ed 1 hr class	\$153.00						10-11	10-11
Pre-School 3 - 5 yrs *Co-Ed 1 hr class	\$153.00		10:30-11:30 5:30-6:30 6:30-7:30	10:45-11:45 1:30-2:30 5:30-6:30 6:30-7:30	5:30-6:30	5:30-6:30	9-10 10-11 11-12	9-10 10-11
Super Tykes 4 - 6 yrs *Co-Ed 1.5 hr class	\$215.00		1-2:30 4:30-6		6:30-8		11-12:30 1-2:30	11-12:30
Super Tots 4 to 6 yrs *Co-Ed 2 hr/wk	\$277.00			6:30-8:30	9:30-11:30		10-12	

ADVANCED GIRLS

Super Girls 4 to 6 yr Supergirls Bodysuit Required By invitation ONLY *Girls only 4 hr/wk	\$493.00 (for 2 classes/ week)				1-3 5-7		9-11	
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CANGYM

Badges 1 & 2 6 to 12 yrs *Co-Ed 1.5 hr class	\$215.00	4:30-6	6-7:30	5-6:30	7-8:30	5:30-7	10:45-12:15	11-12:30
Badges 3 & 4 6 to 12 yrs *Co-Ed 2 hr class	\$277.00	6-8	6:30-8:30	4:30-6:30		6:30-8:30	12:30-2:30	
Intermediate Rec 8 to 15 yrs (Badge 5 or higher to enter) *Girls Only 2 hr class	\$277.00				7-9**			
Advanced Rec 8 to 15 yrs (Badge 8 or higher to enter) *Girls Only 2 hr class	\$277.00				7-9**		3-5	

BOYS GYMNASTICS

Badge 1-3 6-12 yrs *Boys Only 1.5 hr class	\$215.00				5:30-7			
Badge 4+ 6-12 yrs *Boys Only 2 hr class	\$277.00				7-9			
Super Boys 6-12 yrs *Boys Only 4 hrs class	\$493.00 (for 2 classes/ week)				5-7		1-3	

ACROBATIC GYMNASTICS

Beginner (ages 6-12) *Co-Ed 1 hr class	\$153.00		4:30-5:30				12:30-1:30	
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ADULT CLASS

Must review the Assessment Guidelines & Requirements PRIOR to registration

Beginner/Advanced Ages 18+ *Co-Ed 1.5 hr class	\$215.00		7:30-9	7-8:30	7-8:30			
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NINJA PROGRAM

Champions Gymnastics Specialty Membership Fee: \$65.00 including GST (valid July 1st 2018-June 30th 2019). Ask about our membership discounts!

Ninja's 5 to 9 yrs *Co-Ed 1 hr/wk	\$153.00					5-6		
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TEAM 1 – 3 PROGRAM

10 Month Session : September 2018 – June 2019
(athletes can join mid-session upon recommendation)

All TEAM Levels 1 – 3 Mandatory 2 x per week

Cost : TEAM 1 = \$2750.00 TEAM 2 = \$3000.00 TEAM 3 = \$3500.00
(costs do not include GST) (instalment payments possible)

* Girls Only * Age 6+ * TEAM Bodysuit Required
* Champions Gymnastics Specialty Membership Fee: \$65.00 including GST (valid July 1st 2018-June 30th 2019). Ask about our membership discounts!

	MON	TUES	WED	THURS	FRI	SAT	SUN
TEAM 1 2.5 hrs/class 5 hrs/wk	5:30-8:00		6:30-9:00	4:30-7:00**		12:30-3:15 – 5:45**	
TEAM 2 3 hrs/class 6 hrs/wk	5:30-8:30		5:30-8:30	4:30-7:30**		12:00-3:00 3:15-6:15**	
TEAM 3 4 hrs/class 8 hrs/wk	4:30-8:30		4:30-8:30			12:30-4:30	

Remember that registration is only in-person, with a completed 2018 – 2019 contract. (we can help with Appendix B)

FAQ :

- yes, your athlete must “sign” (or print) on appendix A
- don’t forget to fill out the AB Health Care #
- please get someone else to witness where required

-we require a Visa or MC, or post-dated cheques for the *installments* (Debit or Cash not accepted *unless* you are paying the year in full)

ACRO JO 1-5 PROGRAM

10 Month Session : September 2018 – June 2019
(athletes can join mid-session upon recommendation)

Cost : ACRO 1 & 2 = \$1385.00 ACRO 3 & 4 = \$2465.00 ACRO 5 = \$3000.00
(costs do not include GST) (instalment payments possible)

	MON	TUES	WED	THURS	FRI	SAT	SUN
ACRO 1/2 2hrs/class 1x/week					5:15-7:15		
ACRO 3/4 2hrs/class 2x/week	5:15-7:15				5:15-7:15		
ACRO 5 3hrs/class 2x/week	5:15-8:15				5:15-8:15		

* CO-ED * Age 6+ * Bodysuit (girls) / Shorts & T-shirt (boys)

FAQ :

- yes, your athlete must “sign” (or print) on appendix A
- don’t forget to fill out the AB Health Care #
- please get someone else to witness where required

-we require a Visa or MC, or post-dated cheques for the *installments* (Debit or Cash not accepted *unless* you are paying the year in full)

Open Gym : CASH ONLY

PROGRAM	COST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Parented Preschool Drop-in 5 years and under	Memb: \$2 Non-Memb: \$5 CASH ONLY	9:15 – 10:45		9:15 – 10:45		9:15 – 10:45	Remember to show your 2018 – 2019 YELLOW Membership card to receive the member rate!	
Family Drop-in All Ages	Memb: \$3 Non-Memb: \$10 CASH ONLY					7:00 - 9:00		

Program Policies

REGISTRATION:

- By Phone: with VISA or MC. (Those numbers are kept on file, unless you notify us otherwise).
- In Person at our facility: with cash, debit, VISA or MC.

- Payment must be made in full at the time of registration to insure a spot in a class. Spots are not held otherwise.
- NSF cheques are charged a \$ 50.00 penalty.
- Members with outstanding accounts may be refused access to the gym.
- A portion of the registration fee is paid to the Alberta Gymnastics Federation (A.G.F.) and is allocated to the annual A.G.F. General Liability Insurance Policy (Valid from July 1st to June 30th) should an injury/accident occur, while a member of **Champions Gymnastics Inc.**
- No right of discount, refund or credit under this agreement may be waived or modified, except by an officer of **Champions Gymnastics Inc.**
- Registration in one session does not automatically carry over to the next session. Members must re-register for each session; there is no automatic carry-over.

SCHEDULE CHANGES & MODIFICATIONS:

All schedules may change without prior notice, depending on staff availability & other considerations. Every effort is made to notify the members when changes are made. Please read the notices posted in the gym lobby and visit our web-site for all current schedules (www.championsgymnastics.ca).

MAKE-UP CLASSES & LATENESS:

In the event a member misses a class due to no fault of **Champions Gymnastics Inc.**, a make-up class may be possible **but not guaranteed**. In the event where **Champions Gymnastics Inc.** is responsible for a missed/canceled class, a make-up will be scheduled; however, in the event a make-up cannot be scheduled, the member shall be issued a Credit Note (applicable to other sessions or products redeemable at **Champions Gymnastics Inc.**) or a refund for the portion missed. No matter how many classes a member misses, they are only allowed ONE (1) make-up class per session (if it's available). A member can attempt to book a make-up as of WEEK #4 of the current session, on a first-come/first-served basis. The make-up classes will ONLY happen in WEEK #7 of the same session. Make-up classes are not transferable to other members or sessions. Make-up classes MUST be done within a class that is NOT already full (we will check availability for you). If a child arrives fifteen (15) minutes or more after the beginning of his/her class, he/she will not be admitted into the gym (This does NOT necessarily entitle the member to a make-up class).

SATISFACTION GUARANTEED/ REFUND & CREDIT POLICY (unless otherwise specific to a program):

If the member is not completely satisfied immediately AFTER their first scheduled class, **Champions Gymnastics Inc** will give a refund (no questions asked). This offer takes effect only if the member contacts the office within 48 hours after the first scheduled class. After that, **Champions Gymnastics Inc** will give a refund for the remaining classes ONLY if a medical note is provided. If no medical note is provided and the 48-hour timeline has been passed (i.e. withdrawal is not due to injury), then a credit note may be issued for the dollar amount of the remaining classes. All withdrawals (refunds and credit notes) will be subject to a \$ 10.00 administrative fee. If a membership refund is required, the member must return their actual membership card in person. A membership refund is only applicable if the membership was purchased for the same session as the class refund requested. Such a refund will be issued prior to the end of the session. Credits must be used within ONE YEAR (from the date of issue) and credits are only valid with presentation of the actual credit note. For both credits and refunds, **Champions Gymnastics Inc** reserves the right to make exceptions on a case-by-case basis.

DISCOUNTS & SUBSIDIES:

Families enrolling more than 2 children receive a 10% discount (applicable to the highest paying 3rd child). This discount is also non-transferable. It is calculated before G.S.T. & is not applicable to the annual membership fee. This discount does not apply to the Developmental or Competitive program athletes. Please inquire about special Government subsidized programs at our Business Office.

CLASS VIEWING:

For recreational members, class viewing is allowed, but we strongly recommend that parents/family/friends view every other class in order for the child to develop listening skills & autonomy. Addressing your child during class is not allowed; Parents & siblings are not allowed on the gym floor. Please keep conversations in a low voice in the viewing area.

GYM RULES (as posted):

- Use of the equipment is strictly forbidden without the proper supervision of a qualified **Champions Gymnastics Inc** coach.
- The Supervising Coach is in charge. The Supervising Coach has the authority to refuse or expel anyone.
- NO HORSEPLAY ALLOWED.
- During Open Gym, children under the age of six (6) must be accompanied by an adult.
- All accidents/incidents must be reported to the Supervising Coach.
- All equipment must be returned to its original place by the user.
- One at a time on the trampoline.
- No flips or "head-first" or prone entries into the pit (no head or prone falls). "Feet-first" ONLY.
- Any skill which is unfamiliar to a person cannot be performed.
- No dress shoes, boots or dirty runners allowed on the gym floor.
- No socks on beam.
- No smoking or alcohol allowed. Anybody appearing to be "under the influence" will be immediately expelled.
- No jewelry allowed (long earrings, bracelets, rings, watches).
- No shouting, swearing or rude language.
- Long hair must be tied back.
- No jeans or ripped pieces of clothing allowed.
- No gum, candy, food or drink (open cups) allowed past the viewing area.
- When and if required, the Supervising Coach will implement the Emergency policy and procedures.
- No loose objects allowed on trampoline (balls, hoops, other etc...)
- Swinging on ropes is NOT allowed.
- Rope climbing can be done only if a crash mat is placed under the rope.
- Proper equipment set-up and safety mats MUST be in place at all times for all skills at all levels.
- Champions Gymnastics has a NUT ALLERGY ALERT in effect. No nut products allowed in our facility.**

Inability or refusal to follow these and other Coach directives and rules WILL result in immediate expulsion from the gym.

LOST & STOLEN PROPERTY:

Champions Gymnastics Inc is not responsible for lost or stolen property. Look for lost items in our "Lost & Found" bin, located in the lobby.

FOOTWEAR, ATTIRE & CHANGE-ROOMS:

The gym is a "no-shoes" facility. Members & visitors are ALL required to take their footwear OFF upon entering the facilities & to place it on the boot-rack in the lobby. All clothing & personal belongings must also be left in the appropriate change-rooms/lockers. Lockers are available for all members at no cost (subject to availability). Each member must supply their own lock. Lockers must be kept clean. **Champions Gymnastics Inc** reserves the right to remove a lock if it suspects that the locker is being misused. Locks must be removed for the annual locker clean-up as per the notice posted up and/or distributed.

CELL PHONES & FLASH CAMERAS IN GYM:

No cell phones or flash cameras allowed in the gym at all times. Use of video Cameras must be pre-approved by **Champions Gymnastics Inc** prior to use.

EMERGENCY:

A public phone is provided in case of Emergency & is located at the front desk (lobby).

MEDICAL: 911

FIRE: 911

780-886-6069

780-991-0548

POWER OUTAGE: 780-412-4500

Others: 1-800-511-3447

Ambulance service

Fire department service

Valérie Oudin's cell phone

Sara Stafford's cell phone

City of Edmonton for "Power Return Info/24 hours"

Atco Gas Emergency

RESPONSIBILITY:

Coaches are not responsible for the children before and after class; please make sure that your child is being dropped off and picked up on time. A child who is late may be refused access to class. **Champions Gymnastics Inc** is not responsible for lost or stolen items.

PRIVACY:

It has always been **Champions Gymnastics Inc**'s priority to safeguard any information provided by our members. We are committed to meeting, and where possible, exceeding, the requirements of all applicable privacy legislation that relates to **Champions Gymnastics Inc**'s businesses (the "privacy legislation"). To ensure **Champions Gymnastics Inc** is performing to the highest standards available and is complying with our legal obligations, **Champions Gymnastics Inc** has created its own Privacy Policy. **Champions Gymnastics Inc**'s Privacy Policy applies to all of our members and addresses how we handle the personal information we have about our members which is necessary to provide service to you, administer your account, communicate with you and allow you to participate in **Champions Gymnastics Inc** as a member. At **Champions Gymnastics Inc**, member information is maintained as strictly confidential. Unless you authorize us to release it, or release is required or permitted by law, we will not disclose information about you to any third parties. However, in order to better provide you with our services, we will share information with suppliers who perform services on our behalf and with whom contracts have been signed that obligate that third party to adhere to **Champions Gymnastics Inc**'s privacy policies. We never sell, lease or trade information about you or your accounts to other parties, unless you authorize us to do so, or unless required or permitted by privacy legislation. Finally, **Champions Gymnastics Inc** may ask the member for use of their picture or that of their child for promotional purposes. A full copy of our Privacy Policy is available from our Privacy Officer. Questions or concerns related to our privacy practices should be directed as follows: Call 780-440-0014 to speak to Valérie Oudin, **Champions Gymnastics Inc**, our Privacy Officer.