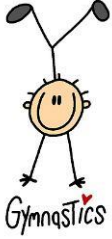




## ➔ 2018 RECREATIONAL PROGRAMS ➜



**Winter #  
2, 2018**

**Starts: March 3<sup>rd</sup>, 2018  
Ends: May 4<sup>th</sup>, 2018**

**No Classes on:  
Saturday, March 24<sup>th</sup> through  
Friday, March 30<sup>th</sup> Inclusive for  
SPRING BREAK  
Sunday, April 1<sup>st</sup> : EASTER  
SUNDAY**

\*\*\* Only 7 classes on Sundays \*\*\*

*Prices listed below do not include GST*

**Champions Gymnastics Membership Fee: \$47.62 + GST (valid from July 1st 2017 to June 30th 2018) Ask about membership discounts!**

### CLASS SCHEDULE

PROGRAMS	COST/ 8 weeks	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>Babynastics</b> (Only 1 parent/child) Baby & parent 45 min class	\$116.00			10:15-11:00				
<b>Parent &amp; Tot Combined*</b> Co-Ed (Only 1 parent/child) 1.5 – 3.5 yrs & parent 1 hr class	\$153.00			9:00-10:00	9:30-10:30 10:30-11:30			
<b>Parent &amp; Tot Intro</b> *Co-Ed (Only 1 parent/child) 1.5 - 2.5 yrs & parent 45 min class	\$116.00		5:15-6:00 7:00-7:45	5:00-5:45 6:45-7:30			9:00-9:45 10:00-10:45 10:45-11:30	10:00-10:45 10:45-11:30
<b>Parent &amp; Tot</b> *Co-Ed (Only 1 parent/child) 2.5 – 3.5 yrs & parent 1 hr class	\$153.00		6:00-7:00	5:45-6:45			9:00-10:00 9:45-10:45 10:45-11:45	9:00-10:00
<b>Parent &amp; Tot Advanced</b> *Co-Ed (Only 1 parent/child) 3 – 4 yrs & parent 1 hr class	\$153.00		5:15-6:15			5:15-6:15	2:00-3:00	
<b>Pre-School Intro</b> *Co-Ed 3.5 – 4.5 yrs 1 hr class	\$153.00	5:00-6:00**	4:45-5:45 5:45-6:45**	9:00-10:00** 10:00-11:00** 5:00-6:00 6:00-7:00**	9:30-10:30** 10:30-11:30** 5:00-6:00** 6:00-7:00**		9:00-10:00 10:00-11:00 11:00-12:00 11:30-12:30	12:30-1:30**
<b>Pre-School</b> *Co-Ed 4.5 – 5.5 yrs 1 hr class	\$153.00	5:00-6:00**	5:45-6:45** 6:45-7:45	9:00-10:00** 10:00-11:00** 6:00-7:00** 5:30-6:30 6:30-7:30	9:30-10:30** 10:30-11:30** 5:00-6:00** 6:00-7:00**		9:00-10:00 10:00-11:00 11:00-12:00 12:45-1:45	12:30-1:30**

#### ADVANCED PRESCHOOL (By invitation only)

<b>Super Tykes 1.5 Hr</b> *Co-Ed 4 – 6 yrs 1.5 hr class	\$215.00	5:00-6:30		5:00-6:30	5:00-6:30		9:00-10:30 11:30-1:00 12:30-2:00	
<b>Super Tots 2 Hr</b> *Girls only 4 to 6 yrs 2 hr/wk	\$277.00			5:00-7:00	6:30-8:30		9:30-11:30	
<b>Super Girls</b> *Girls only 4 to 6 yrs 4 hr/wk Supergirls Bodysuit Required	\$493.00 (for 2 classes/wk)	6:00-8:00		12:30-2:30 6:30-8:30		12:30-2:30	10:30-12:30	

#### BOYS GYMNASTICS

<b>Super Dudes 2 Hr</b> *Boys Only 5 to 7 yrs 2 hr/wk *By Invitation Only *Tank top and Shorts required	\$277.00						1:30-3:30	
<b>Super Boys</b> *Boys only 7 to 12 yrs 4hr/wk *By Invitation Only *Tank top and Shorts required	\$493.00 (for 2 classes/wk)	5:30-7:30					3:30-5:30	
<b>Badges 1 - 4</b> *Boys Only 6 to 12 yrs 1.5 hr class	\$215.00	7:30-9:00						

#### CANGYM BADGES

<b>Badges 1 &amp; 2</b> *Co-Ed 6 to 12 yrs 1.5 hr class	\$215.00	4:30-6:00 6:30-8:00	5:00-6:30	7:00-8:30 7:30-9:00	4:30-6:00 7:00-8:30	5:15-6:45	10:00-11:30 12:00-1:30 2:45-4:15	1:30-3:00
<b>Badges 3 &amp; 4</b> *Co-Ed 6 to 12 yrs 2 hr class	\$277.00		6:30-8:30	7:00-9:00	6:15-8:15	5:00-7:00	12:15-2:15 2:30-4:30	3:00-5:00
<b>Intermediate Rec</b> *Girls Only 6 to 15 yrs 2 hr class (Badge 5 or higher to enter)	\$277.00	5:00-7:00			7:00-9:00**			
<b>Advanced Rec</b> *Girls Only 6 to 15 yrs 2 hr class (Must have been recommended from Intermediate Rec)	\$277.00	7:00-9:00			7:00-9:00**			

#### TRAMPOLINE & TUMBLING

**\*\*Must review the Assessment Guidelines and Requirements PRIOR to registration in these classes\*\***

<b>Beginner Youth T &amp; T (8-12)</b> *Co-ed 1.5 hr class	\$215.00		6:15-7:45	7:30-9:00				
<b>Intermediate/Advanced Youth T &amp; T (8-12)</b> *Co-ed 1.5 hr class	\$215.00		7:45-9:15	7:45-9:15				
<b>Beginner Teen T &amp; T (13-17)</b> *Co-Ed 1.5 hr class	\$215.00				7:30-9:00**			
<b>Intermediate/Advanced Teen T &amp; T (13-17)</b> *Co-Ed 1.5 hr class	\$215.00				7:30-9:00**			

#### ADULT CLASS

**\*\*Must review the Assessment Guidelines and Requirements PRIOR to registration in these classes\*\***

<b>Beginner Adult Class (18+)</b> *Co-ed 1.5 hr class	\$215.00		8:15-9:45**		8:15-9:45**			
<b>Intermediate/Advanced Adult Class (18+)</b> *Co-ed 1.5 hr class	\$215.00		8:15-9:45**		8:15-9:45**			

\*This schedule may change without prior notice depending on staff availability

\*\* Classes will be combined.

# TEAM 1 – 3 PROGRAM

**10 Month Session : September 2017 – June 2018**  
*(athletes can join mid-session upon recommendation)*

**All TEAM Levels 1 – 3 Mandatory 2 x per week**

Cost : TEAM 1 = \$2750.00 TEAM 2 = \$3000.00 TEAM 3 = \$3500.00  
(costs do not include GST) (installment payments possible)

\* Girls Only \* Age 6+ \* TEAM Bodysuit Required

	MON	TUES	WED	THURS	FRI	SAT	SUN
<b>TEAM 1</b> 2.5 hrs/class 5 hrs/wk	6:30-9:00		4:00-6:30 6:30-9:00	4:30-7:00	6:30-9:00 6:30-9:00	12:00-2:30 3:15-5:45**	9:30-12:00
<b>TEAM 2</b> 3 hrs/class 6 hrs/wk	6:00-9:00	5:30-8:30	4:45-7:45	4:30-7:30		12:00-3:00 3:15-6:15**	
<b>TEAM 3</b> 4 hrs/class 8 hrs/wk		4:30-8:30	4:30-8:30			12:30-4:30	

\*\*Don't see times that are perfect? We may be adding more class times before the Fall. And, we will definitely end up adding more class times throughout the 10 month session as more athletes are recommended. If you see a better timeslot, call us to see if you can switch! Keep an eye out!

**Remember that registration is only in-person, with a completed 2017 – 2018 contract. (we can help with Appendix B)**

## FAQ :

-yes, your athlete must "sign" (or print) on appendix A

-don't forget to fill out the AB Health Care #

-please get someone else to witness where required

-we require a Visa or MC, or post-dated cheques for the *installments* (Debit or Cash not accepted *unless* you are paying the year in full)



## Open Gym : CASH ONLY

PROGRAM	COST	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Parented Preschool Drop-in 5 years and under	Mem: \$2 Non-Memb: \$5 CASH ONLY	9:15 – 10:45		9:15 – 10:45		9:15 – 10:45		
Family Drop-in All Ages	Mem: \$3 Non-Memb: \$10 CASH ONLY					7:00 - 9:00		

## Program Policies

### REGISTRATION:

- By Phone:** with VISA or MC. *(Those numbers are kept on file, unless you notify us otherwise).*
- By Mail:** with a cheque payable to "Champions Gymnastics Inc" *(Please remember to add G.S.T. to all fees).*
- In Person at our facility:** with cash, cheques, debit, VISA or MC.

- Payment must be made in full at the time of registration to insure a spot in a class. Spots are not held otherwise.
- NSF cheques are charged a \$ 50.00 penalty.
- Members with outstanding accounts may be refused access to the gym.
- A portion of the registration fee is paid to the Alberta Gymnastics Federation (A.G.F.) and is allocated to the annual A.G.F. General Liability Insurance Policy *(Valid from July 1st to June 30th)* should an injury/accident occur, while a member of **Champions Gymnastics Inc.**
- No right of discount, refund or credit under this agreement may be waived or modified, except by an officer of **Champions Gymnastics Inc.**
- Registration in one session does not automatically carry over to the next session. Members must re-register for each session; there is no automatic carry-over.

### SCHEDULE CHANGES & MODIFICATIONS:

All schedules may change without prior notice, depending on staff availability & other considerations. Every effort is made to notify the members when changes are made. Please read the notices posted in the gym lobby and visit our web-site for all current schedules ([www.championsgymnastics.ca](http://www.championsgymnastics.ca)).

### MAKE-UP CLASSES & LATENESS:

In the event a member misses a class due to no fault of **Champions Gymnastics Inc**, a make-up class may be possible **but not guaranteed**. In the event where **Champions Gymnastics Inc.** is responsible for a missed/canceled class, a make-up will be scheduled; however, in the event a make-up cannot be scheduled, the member shall be issued a Credit Note *(applicable to other sessions or products redeemable at Champions Gymnastics Inc.)* or a refund for the portion missed. No matter how many classes a member misses, they are only allowed ONE (1) make-up class per session (if it's available). A member can attempt to book a make-up as of WEEK #4 of the current session, on a first-come/first-served basis. The make-up classes will ONLY happen in WEEK #7 of the same session. Make-up classes are not transferable to other members or sessions. Make-up classes MUST be done within a class that is NOT already full *(we will check availability for you)*. If a child arrives fifteen (15) minutes or more after the beginning of his/her class, he/she will not be admitted into the gym (This does NOT necessarily entitle the member to a make-up class).

### SATISFACTION GUARANTEED/ REFUND & CREDIT POLICY (unless otherwise specific to a program):

If the member is not completely satisfied immediately AFTER their first scheduled class, **Champions Gymnastics Inc** will give a refund *(no questions asked)*. This offer takes effect only if the member contacts the office within 48 hours after the first scheduled class. After that, **Champions Gymnastics Inc** will give a refund for the remaining classes ONLY if a medical note is provided. If no medical note is provided and the 48-hour timeline has been passed (i.e. withdrawal is not due to injury), then a credit note may be issued for the dollar amount of the remaining classes. All withdrawals (refunds and credit notes) will be subject to a \$ 10.00 administrative fee. If a **membership refund** is required, **the member must return their actual membership card in person**. A **membership refund** is only applicable if the membership was purchased for the same session as the **class refund** requested. Such a refund will be issued prior to the end of the session. Credits must be used within ONE YEAR *(from the date of issue)* and credits are only be valid with presentation of the actual credit note. For both credits and refunds, **Champions Gymnastics Inc** reserves the right to make exceptions on a case-by-case basis.

### DISCOUNTS & SUBSIDIES:

Families enrolling **more than 2 children** receive a 10% discount *(applicable to the highest paying 3<sup>rd</sup> child)*. This discount is also non-transferable. It is calculated before G.S.T. & is not applicable to the annual membership fee. This discount does not apply to the Developmental or Competitive program athletes. Please inquire about special Government subsidized programs at our Business Office.

### CLASS VIEWING:

For recreational members, class viewing is allowed, but we **strongly recommend** that parents/family/friends view every *other* class in order for the child to develop listening skills & autonomy. Addressing your child during class is **not** allowed; Parents & siblings are **not** allowed on the gym floor. Please keep conversations in a low voice in the viewing area.

### GYM RULES (as posted):

- Use of the equipment is strictly forbidden without the proper supervision of a qualified **Champions Gymnastics Inc** coach.
- The Supervising Coach is in charge. The Supervising Coach has the authority to refuse or expel anyone.
- NO HORSEPLAY ALLOWED.
- During Open Gym, children under the age of six (6) must be accompanied by an adult.
- All accidents/incidents must be reported to the Supervising Coach.
- All equipment must be returned to its original place by the user.
- One at a time on the trampoline.
- No flips or "head-first" or prone entries into the pit (no head or prone falls). "Feet-first" ONLY.
- Any skill which is unfamiliar to a person cannot be performed.
- No dress shoes, boots or dirty runners allowed on the gym floor.
- No socks on beam.
- No smoking or alcohol allowed. Anybody appearing to be "under the influence" will be immediately expelled.
- No jewelry allowed (long earrings, bracelets, rings, watches).
- No shouting, swearing or rude language.
- Long hair must be tied back.
- No jeans or ripped pieces of clothing allowed.
- No gum, candy, food or drink (open cups) allowed past the viewing area.
- When and if required, the Supervising Coach will implement the Emergency policy and procedures.
- No loose objects allowed on trampoline (balls, hoops, other etc...)
- Swinging on ropes is NOT allowed.
- Rope climbing can be done only if a crash mat is placed under the rope.
- Proper equipment set-up and safety mats MUST be in place at all times for all skills at all levels.
- Champions Gymnastics has a NUT ALLERGY ALERT in effect. No nut products allowed in our facility.**

**Inability or refusal to follow these and other Coach directives and rules WILL result in immediate expulsion from the gym.**

### LOST & STOLEN PROPERTY:

**Champions Gymnastics Inc** is not responsible for lost or stolen property. Look for lost items in our "Lost & Found" bin, located in the lobby.

### FOOTWEAR, ATTIRE & CHANGE-ROOMS:

The gym is a "no-shoes" facility. Members & visitors are ALL required to take their footwear OFF upon entering the facilities & to place it on the boot-rack in the lobby. All clothing & personal belongings must also be left in the appropriate change-rooms/lockers. Lockers are available for all members at no cost (subject to availability). Each member must supply their own lock. Lockers must be kept clean. **Champions Gymnastics Inc** reserves the right to remove a lock if it suspects that the locker is being misused. Locks must be removed for the annual locker clean-up as per the notice posted up and/or distributed.

### CELL PHONES & FLASH CAMERAS IN GYM:

No cell phones or flash cameras allowed in the gym at all times. Use of video Cameras must be pre-approved by **Champions Gymnastics Inc** prior to use.

### EMERGENCY:

A public phone is provided in case of Emergency & is located at the front desk (lobby).

MEDICAL:	911	Ambulance service
FIRE:	911	Fire department service
780-886-6069		Valérie Oudin's cell phone
POWER OUTAGE:	780-412-4500	City of Edmonton for "Power Return Info/24 hours"
Others:	1-800-511-3447	Atco Gas Emergency

### RESPONSIBILITY:

Coaches are not responsible for the children before and after class; please make sure that your child is being dropped off and picked up on time. A child who is late may be refused access to class. **Champions Gymnastics Inc** is not responsible for lost or stolen items.

### PRIVACY:

It has always been **Champions Gymnastics Inc.**'s priority to safeguard any information provided by our members. We are committed to meeting, and where possible, exceeding, the requirements of all applicable privacy legislation that relates to **Champions Gymnastics Inc.**'s businesses (the "privacy legislation"). To ensure **Champions Gymnastics Inc** is performing to the highest standards available and is complying with our legal obligations, **Champions Gymnastics Inc** has created its own Privacy Policy. **Champions Gymnastics Inc.**'s Privacy Policy applies to all of our members and addresses how we handle the personal information we have about our members which is necessary to provide service to you, administer your account, communicate with you and allow you to participate in **Champions Gymnastics Inc** as a member. At **Champions Gymnastics Inc**, member information is maintained as strictly confidential. Unless you authorize us to release it, or release is required or permitted by law, we will not disclose information about you to any third parties. However, in order to better provide you with our services, we will share information with suppliers who perform services on our behalf and with whom contracts have been signed that obligate that third party to adhere to **Champions Gymnastics Inc.**'s privacy policies. We never sell, lease or trade information about you or your accounts to other parties, unless you authorize us to do so, or unless required or permitted by privacy legislation. Finally, **Champions Gymnastics Inc** may ask the member for use of their picture or that of their child for promotional purposes. A full copy of our Privacy Policy is available from our Privacy Officer. Questions or concerns related to our privacy practices should be directed as follows: Call 780-440-0014.