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## Join us for an active and fun filled summer 2017!

Week #1	Week #2	Week #3	Week #4	Week #5	Week #6	Week #7	Week #8
				SHORT			
July 10 - 14	July 17 - 21	July 24 - 28	July 31 - Aug 4	Aug 8 - 11	Aug 14 - 18	Aug 21 - 25	Aug 28 - Sep 1

### FULL DAY CAMP (you can choose any or all days):

Offered during ALL 8 Weeks

**Time:** Monday to Friday (9:00 to 4:00 PM). Early drop-off & late pick-ups available upon request.

**Activities:** At least two (2) hours of gymnastics with certified coach in the morning. Special non-gymnastics activities during the afternoon; (see Afternoon Schedule.)

**Age restriction: Age 6+**

### ACRO FOR DANCE CAMP

**Afternoons** (1:00 PM to 4:00 PM) includes Two (2) hours of specific work on acro skills with a certified coach.

**Age restriction: Age 8+**

**Week # 7**

### TRAMP & TUMBLING CAMP

**Afternoons** (1:00 PM to 4:00 PM) includes Two (2) hours of specific work on tumbling skills and trampoline with a certified coach.

**Age restriction: Age 8+**

**Week # 2 and Week # 5**

### TEAM 1 – 3 SUMMER BOOT CAMP

**Afternoons** (1:00 PM to 4:00PM) includes all Three (3) hours of specific work on Junior Olympic Level 1 – 3 skills with a certified coach.

**Restrictions : Must already be a part of our TEAM 1 – 3 Program. Age 6+**

Monday to Friday

**Week #1 Week #3 Week #6 & Week #8**

### HALF-DAY CAMP (choose any combination of mornings and/or afternoons):

Offered during ALL 8 Weeks

**Time:** Monday to Friday 9:00 to 12:00 PM OR 1:00 to 4:00 PM. Early drop-off and late pick-ups available upon request.

**Activities:** At least two (2) hours of gymnastics with certified coach in the morning. Special non-gymnastics activities during the afternoon; (see Afternoon Schedule.)

**Age restriction: Age 6+**

### PRESCHOOL CAMPS:

**Activities:** At least two (2) hours of gymnastics with certified coach and special non-gymnastics activities such as crafts, story time, and free time.

**Age restriction: Age 3.5 – 5.5 (must be potty trained)**

\*\*MUST be able to use the washroom proficiently by themselves to be able to attend the camp.

Monday to Friday (9:00 am – Noon)

**Week # 3 and Week # 7**

### 2017 Prices (include GST) :

**Full Day :** \$250/child/week or \$60/child/full day

**Half Day :** \$170/child/week or \$40/child/half day.

**Preschool Camps :** \$150/week or \$65/2 mornings or \$40/1 morning

**TEAM 1-3 Camps:** \$185/week (5 afternoons)

**\*\*Membership of \$50 must be purchased with each camp\*\***

**Early or Late Drop Off :** Prices do not include fee for early drop-off & late pick-up \$10 per 1/2 hour. Please notify us at least two days prior.

\*\* Please note that there are NO REFUNDS for camp within 48 hours of the day you've booked.

## Afternoon Activities

<b>Week #4: July 31 – August 4</b> <b>Week #5: August 8 - 11 (Short)</b> <b>Week #8: August 28 – Sept 1</b>	<b>Week #1: July 10 – 14</b> <b>Week #3: July 24 - 28</b> <b>Week #7: August 21 – 25</b>	<b>Week #2: July 17 – 21</b> <b>Week #6: August 14 – 18</b>
<b><i>Mad Scientist</i></b>	<b><i>World Exploration</i></b>	<b><i>Dance &amp; Cheer</i></b>
<p><i>Campers will be channeling their inner mad scientist this week. Activities &amp; crafts based on fun experiments and madness. On Friday, they will cool off at Mill Creek Outdoor Swimming Pool as well.</i></p>	<p><i>This camp is packed with adventures like Beach Day at the spray park, other fun themes from around the world, and exploring the festivals and activities that the city has to offer (Street performers, Fringe, K-days etc.)! A Friday trip to Mill Creek Outdoor Swimming Pool is in store for the campers this week.</i></p>	<p><i>This camp will provide the opportunity to try a variety of dance and cheerleading disciplines including a class at Hyperflex Dance Studio. Campers will cool off at Mill Creek Outdoor Swimming Pool on Friday.</i></p>

**THE COST INCLUDES** all admission charges (entry into the venues) and transportation (ETS) to and from the various venues.

**THINGS TO BRING:** (please label all clothing and other items)

- Water Bottle (for in and out of the gym).
- Packed lunch and snacks.
- Back-pack (for pocket money, ID cards, Health Care card).
- Good walking shoes, a change of socks, hat, sunscreen and a good sweater.
- Medication (if necessary for particular cases/please inform the **Champions** staff when necessary).

\*\*Please note that all summer camp activities/outings are subject to change based on coach availability, weather and other unforeseen circumstances\*\*

### **2017 Summer Open Gym Times: July & August**

**Wednesdays & Fridays (July 12 to August 30)**

**1:30 – 3:00 PM All Ages**

**\$3 Members or \$10 Non-Members**

Champions Gymnastics Membership for purchase : \$47.62 + GST (valid until June 30, 2018)

## **Register Today! Call 780-440-0014!**